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**COLONOSCOPY WITH HalfLytely BOWEL PREP KIT**  
Preparation Instructions

∂ **Procedures at Atherton Endoscopy Center:** Arrive ½ hour before scheduled procedure ∂

∂ **Procedures at Sequoia Hospital:** Arrive 1 ½ hours before scheduled procedure unless in the OR with anesthesia, then arrive 2 hours ∂

∂ **Procedures at El Camino Hospital:** Arrive 1 ½ hours before scheduled procedure ∂

**Five days before the procedure:**

Please do not take any coumadin, aspirin, or nonsteroidal anti-inflammatories, such as ibuprofen (Advil, Motrin), naproxen (Aleve), Feldene, Relafen, Daypro, etc. Acetaminophen (Tylenol) is acceptable.

**Two days before the procedure:**

Add water to the **HalfLytely** following the instructions on the on the 2 liter bottle container. Place in the refrigerator overnight to get really chilled.

**One day before the procedure:**

You may not have any solid foods. You may have clear liquids only. These include: coffee/tea with sweetener only, beef/chicken broth, apple juice, white grape or white cranberry juices, Gatorade, soda pop, popsicles, and Jell-O. Please, no red or purple colors.

**At 3 PM,** take all 2 Bisacodyl tablets with an 8oz glass of water. Swallow the pills whole. Do not crush or chew. You may experience bowel movements 1-3 hours later.

**At 6 PM,** begin drinking the chilled HalfLytely solution. You will need to drink an 8 ounce glass about every 15 minutes to finish it in two hours.

For dinner this evening, you may have any of the above clear liquids.

**STOP DRINKING ALL LIQUIDS:**

For an **morning** procedure: Do not eat or drink anything after midnight the night before.

For an **afternoon** procedure: You may have a clear liquid breakfast before 8AM. You may take your morning medications with a small sip of water, unless otherwise instructed. If you are a diabetic, please discuss your medications with one of us.

You will most likely receive sedation and will require a designated driver to take you home. Public transportation and taxis are not an option. If you need assistance, our office may be able to help you find a ride.